

THE CULTURE OF OBESITY: A COLLECTIVE APPROACH TO RAISING HEALTHY CHILDREN



Thursday, October 13th, 2016

8:00 AM - 1:00 PM

(Breakfast included)

**LIU Post, Hillwood Commons
720 Northern Blvd., Brookville**

Keynote Speaker:

Suanne Kowal-Connelly, MD

*Dr. Kowal-Connelly is a local school physician, pediatrician, wellness advocate and tri-athlete
<http://www.healthpoweredbyyou.com/>*

Participants: Building and District Leaders are encouraged to bring a team of teachers, particularly those responsible for providing health and wellness education to children grades K-12: Athletic Directors, Physical Educators, Health Educators, Special Educators, Psychologists, School Counselors and Social Workers are important members of this team.

This conference will explore how to:

- undo the culture of " children unwellness" that has appeared in our schools
- tap into the competitive advantage of wellness (for students and staff alike)
- understand the individual, organizational and community responsibility of creating a school culture of wellness
- identify steps to improve health status and its impact on the academic performance and social-emotional wellness of our students
- unpack the NYS standards for Health, Physical Education and Consumer Science
<http://www.p12.nysed.gov/sss/schoolhealth/schoolhealtheducation/healthPEFACSLearningStandards.pdf>
- In addition to a keynote presentation, the conference model also includes breakout sessions addressing topics related to obesity and the wellness of children/students.

TO REGISTER: <https://www.eventbrite.com/e/the-culture-of-obesity-a-21st-century-approach-to-raising-healthy-children-tickets-25642203521>

**For information, contact Karen Siris, Ed.D at 516-851-0471 or Philip Cicero, Ed.D at 516-233-4464;
LIU Post, Dept. of Health, Physical Education & Movement Science, contact Prof. Gail Weintraub at 516-299-2671**

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