

## Directions to Variety

ALL TRAININGS TAKE PLACE AT:

47 HUMPHREY DRIVE, SYOSSET, NY 11791

**Jericho Turnpike Eastbound:** Go east on Jericho Turnpike towards Syosset, past the hospital. Turn left on Humphrey Drive, at traffic light by Burger King. VCLC is two blocks from the light on the left.

**Jericho Turnpike Westbound:** Go west on Jericho Turnpike towards Syosset. Turn right at Humphrey Drive (the second traffic light) at Burger King. VCLC is two blocks from the light on the left.

**Northern State Parkway:** Exit 36 North (South Oyster Bay Road) to Jericho Turnpike. Turn left on Jericho Turnpike, heading west. Continue in right lane for one & a half blocks. Turn right onto Humphrey Drive at Burger King. VCLC is two blocks from the light on the left.

**Southern State Parkway:** Exit 28A North to Seaford Oyster Bay Expressway. Continue to last exit, Jericho Turnpike West. Turn right onto Humphrey Drive (4th traffic light) at Burger King. VCLC is two blocks from the light on the left.

**Long Island Expressway:** Exit 43, South Oyster Bay Road. Go North on South Oyster Bay Road to Jericho Turnpike. Turn left onto Jericho Turnpike heading west. Turn right onto Humphrey Drive at Burger King. VCLC is two blocks from the light on the left.

**Looking for Professional Development  
at your Site?**

**VCLC will develop trainings to meet the needs  
of your staff on numerous topics.**

**Handouts and certificates included in fee.**

**For information, email Carolyn Gammerman at  
[cgammerman@vclc.org](mailto:cgammerman@vclc.org)**

[www.vclc.org](http://www.vclc.org)

## Who Should Attend?

Nursery, preschool and UPK teachers, special education teachers, program directors, child care providers, therapists and caregivers seeking information and training in addressing challenging behaviors and inclusion issues in early childhood settings.

In case of inclement weather or cancellations, go to [www.vclc.org](http://www.vclc.org)

or

call VCLC at 516-921-7171

or

Cablevision Channel 12 Long Island at  
[www.news12.com](http://www.news12.com)



Janice Friedman, CEO    Andrea Rieger, CFO

[www.vclc.org](http://www.vclc.org)



## PROGRAMS AND SERVICES

### For Children

Evaluations (Birth-8 yrs.)  
Early Intervention (EI) (Birth-3 yrs.)  
Applied Behavior Analysis (ABA) Home Program (Birth-8 yrs.)  
Related Services (3-8 yrs.)

Speech/Language Therapy  
Occupational Therapy  
Physical Therapy  
Counseling

Special Education Itinerant Teacher (SEIT) (3-5 yrs.)  
Special Class in an Integrated Setting (SCIS) (3-5 yrs.)  
Preschool Special Education Classes (3-5 yrs.)  
English Language Learner Classes (3-5 yrs.)  
School-Age Special Education Classes (5-7 yrs.)  
School-Age English as a New Language Class (5-7 yrs.)  
Saturday Social Skills Training Program (4-16 yrs.)  
Saturday Enrichment Programs (3-6 yrs.)  
Family Center Sunday Respite Program (3-10 yrs.)

### For Families

Parent Counseling/Parent Training  
Parent Education and Support Groups  
Family Center Sunday and Vacation Respite Program (OPWDD)

### For Professionals

Professional Development  
Early Childhood Program Consultation  
Student Teaching and Internships  
Pediatric Resident Training Program  
Research

[www.vclc.org](http://www.vclc.org)



## Professional Development

### Seminar Series

Fall 2016



**Expand your knowledge of  
young children and  
network with  
experienced professionals!**



**Trainings are relevant to NYSED  
continuing education and  
applicable to OCFS topics.**

[www.vclc.org](http://www.vclc.org)

# SEMINAR CONTENT and LEARNING OBJECTIVES

## Keeping Your Cool with Functional Tools: Strategies to Address Challenging Behaviors

Stacey Ratner, MS, BCBA, LBA, SBL, SDL,  
Principal of Variety Child Learning Center

Wednesday, October 5, 2016 6:30—8:00 PM

Educators of young children, 2 to 8 years old, will be provided with tools to engage and educate children with challenging behaviors. As a result of this presentation, participants will increase their skills and understanding of the process that can be used to identify functions of behavior and develop strategies that will reduce or eliminate problem behaviors. The workshop will focus on the application of functional assessment of behavior and the implementation of positive behavior support plans.

Topic: Principles of Childhood Development

[www.vclc.org](http://www.vclc.org)

## Helping Preschoolers Cope with Anxiety

Jeanne Ginsberg, MA, LMHC,  
IEP Coordinator, SEIT

Wednesday, October 26, 2016 6:30—8:00 PM

Cara seemed to be extra sensitive from the time she was an infant. Each transition was emotionally challenging for her (and her parents), including bedtime, going to school and doctor visits. Her parents thought this would improve as she got older, but Cara's anxiety seemed to increase. Nursery teachers share concerns. Cara's family and teachers do not know what to do. Anxiety is an emotion experienced by all children at some point in their lives. When this feeling begins to take over, sapping strength and energy from daily life, it becomes a problem which needs to be addressed. This seminar will address symptoms of childhood anxiety; ways to know when anxiety is becoming an issue; and some coping mechanisms to help a child, teacher and parent deal with anxiety. Questions are welcome!

Topic: Child Day Care Program Development

## Responsive Caregiving for Social-Emotional Development in Infants and Toddlers

Barbara Pirnat, MS, Director of Early Intervention

Wednesday, November 9, 2016 6:30—8:00 PM

Infants and toddlers are affected adversely when significant stresses threaten a family's well-being. We will discuss how young children benefit significantly from relationships with responsive caregivers, both within and outside of the immediate family. What tools can we use to assess social/emotional development in infants and toddlers? We will discuss how best to address a family's needs, if deficits are indicated by the assessment, so that caregivers' responses encourage social-emotional development.

Topic: Child Day Care Program Development



## Bringing Mindfulness and Yoga into the Preschool Classroom: Tools for a Positive Learning Environment

Virginia Blum, MS, LBA, School Psychologist

Wednesday, November 16, 2016 4:15—5:45 PM

Teachers, have you ever thought about bringing Yoga and Mindfulness tools into your classroom? Current research indicates that children who learn and engage in these practices better regulate their attention and emotions, think before acting and calm themselves. Moreover, teachers report increases in their personal well-being, ability to reduce stress, and enhancement of their classroom management practices. You will gain a deeper understanding of mindfulness, as well as learn simple, developmentally appropriate yoga and mindfulness tools to easily weave into the structure and routine of your school day. Please wear comfortable clothing. Registration will be limited to 30 people.

Topic: Child Day Care Program Development

## Including Children with Special Needs in Your Preschool Classroom

Barbara Dicken, MS,  
SCIS Preschool Teacher

Wednesday, November 30, 2016 4:15—5:45 PM

Including children with special needs in a preschool classroom can be a challenge. As the preschool teacher of a special class in an integrated setting (SCIS), my class includes students with and without disabilities, and ideally should look like a "typical" pre-k class. Setting up the classroom requires implementing various strategies to provide for the needs of children with disabilities as well as typically developing children. We will discuss these strategies, and methods, for creating a positive learning environment. Let's discuss how we can incorporate play-based learning, provide differentiated instruction through centers, use technology in the classroom and deal with behavioral issues in your preschool classroom, including children with special needs!

Topic: Principles of Childhood Development

[www.vclc.org](http://www.vclc.org)

## The Body-Brain-Behavior Connection

Judith Musaro Lichter, PhD, LCSW,  
Child Psychological Counseling Coordinator

Wednesday, December 7, 2016 4:15—5:45 PM

How can we understand the state of mind of the child who has "melt-downs"? The child, who overreacts, becomes angry and out of control, experiences emotional dysregulation. Understanding the neurobiological factors that contribute to dysregulation helps us to attune to a child's needs, provide support and plan interventions. We will discuss the body-brain-behavior connection as it informs us in our work to develop a relationship with the child, assist him to gain coping skills, and thereby increase self-regulation. We will explore effective responses that may ultimately help children become receptive to learning and successful in the educational setting. Examples from my practice and the audience will be addressed.

Topic: Principles of Childhood Development



## Fall 2016 Registration

Please Print

Name(s): \_\_\_\_\_

School/Program: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Please note the scheduled time. Register for:**

\_\_\_ October 5 6:30      \_\_\_ November 16 4:15

\_\_\_ October 26 6:30      \_\_\_ November 30 4:15

\_\_\_ November 9 6:30      \_\_\_ December 7 4:15

**Fee: \$30 per 90-minute seminar.**

**Discounts for groups of 5 or more available.**

For more information, contact Connie Sarno at

**516-921-7171, ext. 2140 or [csarno@vclc.org](mailto:csarno@vclc.org)**

\_\_\_ Check enclosed. Return check fee \$35.

\_\_\_ Amex      \_\_\_ Visa      \_\_\_ MasterCard

Total Enclosed: \_\_\_\_\_

Print Cardholder's Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Please mail this registration form to:

**VCLC, 47 HUMPHREY DRIVE, SYOSSET, NY 11791**

Attention: Connie Sarno

*\*Refund Policy: A handling fee of \$15 will be deducted for all cancellations. Refund requests must be received by mail/email at least 10 days prior to the workshop date. No refunds will be issued if requested less than 10 days before the workshop. Full refunds will be given if workshop is cancelled due to inclement weather or other unforeseen circumstances.*