

## REGISTRATION FORM

Name \_\_\_\_\_  
Organization \_\_\_\_\_  
Address \_\_\_\_\_  
City/State \_\_\_\_\_  
Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
 I require special eating accommodations as follows \_\_\_\_\_

**Mental Health Professionals:** ..... \$160.00

**Undergrad/Grad Students:**..... \$80.00

Mail completed form and check, made payable to  
**Long Island University to:**

Dr. Kay Sato, Lorber Hall  
LIU Post  
720 Northern Blvd., Brookville, NY 11548

Registration forms must be received by November 6,  
2015. There will be no on-site registration.

## REFUND POLICIES/CANCELLATION PROCEDURES

Refunds are granted in full up to one week prior  
to the workshop (November 6).

Refunds/requests for withdrawals must be  
addressed to the School of Professional and  
Continuing Education via phone (516-299-2584),  
in person (Lorber Hall, Room 101), or by mail  
(School of Professional and Continuing Education,  
Long Island University, 720 Northern Blvd.,  
Brookville, NY 11548).

**About the Venue:** Long Island University (LIU) is  
one of America's largest and most  
comprehensive private universities with  
locations and programs spanning the New York  
metropolitan area, overseas and online. World-  
class faculty, small classes and résumé building,  
and hands-on learning experiences are the hall-  
marks of an LIU education.

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**LIU**  
Post

School of Professional and Continuing Education  
720 Northern Boulevard  
Brookville, New York 11548-1300

FIRST ANNUAL PLAY THERAPY WORKSHOP  
NOVEMBER 13, 2015

# FIRST ANNUAL PLAY THERAPY WORKSHOP



**Examining Play Therapy  
Techniques from a  
Psychodynamic and  
Cognitive-Behavioral Lens:  
Their Clinical Applications to  
Children Exposed to Trauma**

**NOVEMBER 13, 2015  
8 A.M. TO 2 P.M.**

LIU Post  
Tilles Center, Patrons Lounge  
720 Northern Blvd.  
Brookville, NY 11548

Sponsored by the LIU Children's  
Institute for Play Therapy and Research  
(CIPTAR) and the New York  
Association for Play Therapy (NYAPT)

# Examining Play Therapy Techniques from a Psychodynamic and Cognitive-Behavioral Lens: Their Clinical Applications to Children Exposed to Trauma

## Speakers:

Athena A. Drewes, Psy.D., RPT-S and Neil Altman, Ph.D



## DESCRIPTION OF WORKSHOP

Just as adults use words, children use play to communicate. When developmentally appropriate, mental health professionals therapeutically use play to help clients, especially children, to communicate, resolve their problems, and obtain optimal mental health. This workshop is designed to provide mental health professionals and students with an introduction to two well-known play therapy treatment models in the literature: psychodynamic play therapy and cognitive-behavioral play therapy.

The techniques related to these models will be presented and illustrated with cases of child patients who have been exposed to traumatic situations. Attendees will learn this material through lecture, paired and small-group role-play and other activities, videos, and discussion.

### Learning Objectives

1. Students will be able to describe the theoretical foundations and benefits of psychodynamic play therapy practices.
2. Students will be able to describe the theoretical foundations and benefits of cognitive-behavioral play therapy practices.
3. Students will be able to discuss how they would apply psychodynamic and cognitive-behavioral play therapy techniques to treat children exposed to trauma.

### About the Sponsor

The LIU Children's Institute for Play Therapy and Research (CIPTAR) is an APT-Approved Center (AC) of Play Therapy Education Program and offers the play therapy coursework and clinical supervision required to earn the Registered Play Therapist™ (RPT) credential granted by the Association for Play Therapy (APT; a4pt.org).

## CEUs Offered

The Department of Counseling and Development at LIU Post is a National Board for Certified Counselors (NBCC)-approved continuing education provider #4016 and is also offering six (6) CEUs for this workshop. CIPTAR is an APT Approved Provider 15-423. This presentation has been approved for six (6) continuing education hours through CIPTAR. Certificates of completion will be distributed at the end of the workshop.

## About Our Speakers

Our two speakers will be Athena A. Drewes, Psy.D., RPT-S, and Neil Altman, Ph.D. Athena A. Drewes is a nationally and internationally renowned play therapist and speaker. She has published nine books on play therapy and numerous articles and chapters. She is Director of Clinical Training for the APA-accredited doctoral internship and clinician with foster care children at Astor Services for Children and Families in New York.

Neil Altman is co-author of *Relational Child Psychotherapy* and numerous other works on child psychotherapy. He is Editor Emeritus of *Psychoanalytic Dialogues: The International Journal of Relational Perspectives* and on the editorial board of the *Journal of Child Psychotherapy*. Dr. Altman is on the faculty of the William Alanson White Institute and Ambedkar University of Delhi, India.

