

Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do Claude Steele

We will review the work on stereotype threat by psychologist Claude Steele while considering his articulation of nearly 20 years engagement with this inquiry. With lessons for our questions as learners and researchers, we examine the use of research tools to inquire and understand the intersection of race and other demographic factors to shape efficacy for learning and capacity to change among students and clients. We will consider the ways these ideas shape our sense of ourselves in practice and our work in various contexts of performance.

November 11, 2015, 4-7 pm

Between the World and Me Ta-Nehisi Coates and A Letter to My Nephew

<http://progressive.org/archive/1962/december/letter> (hyperlinked to letter)

James Baldwin

53 years ago James Baldwin penned a letter to his nephew to describe and warn him about the racial dynamics in the U.S. at the time. In the summer of 2015, Ta-Nehisi Coates did the same in a conversation with his son captured in a book. During this book group, we will reconsider Baldwin's letter to his nephew alongside Coates' conversation with his son. We will explore what these writings can tell us about raising consciousness through memoir and the potential effects for education, mental health and well-being, while considering what they may reveal to us about ourselves.

January 13, 2016, 4-7 pm

The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma

Bessel Van Der Kolk

More and more we are growing to appreciate the pervasive nature of trauma on the lives of all people. Being effective educators and mental health practitioners in our work with families, students and in communities necessitates that we understand the ways traumatic experiences shape their experiences of their lives. During this book group we will consider the role of trauma in people's lives and how it can shape our work with them.

July 6, 2016, 4-7 pm

2015-16 Academic Year

Please note. All texts are available from book retailers and the Baldwin writing is available at the link above.

Please RSVP with Kathleen.Prince@liu.edu at least one week prior to the scheduled meeting.