

Counseling Program

Goals and Learning Objectives

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E-portfolios/Digication

- What is an e-portfolio?
 - An online collection of professional and academic documents (e.g., resume/CV, professional statement, and evidence of Counseling Program Goals and Learning)
- How does the counseling program utilize e-portfolios?
 - As students progress through the program they will submit coursework (i.e., evidence) and rationale (i.e., a brief narrative) that demonstrates their acquisition of each Goal and Learning Objective.
- Counseling Program E-portfolio Template
<https://liu.digication.com/>

Components

- Home Page
- Professional Development
- Academic Development

Professional Development

- Professional Philosophy Statement

The philosophy statement is a 500-word essay about the professional values that guide your work clients.

- Cover Letter

General letter written to acquire a position in the type of setting in which you are most interested in working. You should craft it toward your specific professional intention.

- Resume/Curriculum Vitae

Your CV is a comprehensive presentation on of the professional and academic experiences that have prepared you for a position in counseling. There are samples on line. A resume is a brief presentation of related training and work experiences.

- Certificates of Development/Training

- MFT and MHC- Child abuse and Maltreatment
- SC/BSC – Child abuse and Maltreatment, School Violence Prevention, Social Patterns of Harassment, Discrimination and Bullying(cyber)

- Letters of Recommendation (2)

- Academic (favorite professor, faculty advisor)
- Clinical/Counseling experience (supervisor, others familiar with clinical skill)

- Hours Log

Academic Development

- Counseling Program Goals (6) and Learning Objectives
 - Theory
 - Humanistic Foundation
 - Pluralism/Multiculturalism
 - Ethical and Legal Standards
 - Self-Awareness
 - Writing
- Rationale
 - 100-250 word Summary
 - Description of the evidence (coursework) and why it was chosen as evidence for having achieved the specific Counseling Goal/Learning Objective.
- Evidence
 - Coursework completed in a course that demonstrates acquisition of specific Counseling Goals and Learning Objectives.
 - 19 pieces of evidence
 - Each professor has indicated which coursework align with each Counseling Program Goal and Learning Objective.

Goal 1: Theory

Students will demonstrate knowledge of counseling theories and skill in their application.

- **L.O. 1.1** Demonstrates full knowledge of an array of theoretical frames from which to view the counseling process.
- **L.O. 1.2** Demonstrates full knowledge of evidence-based, multicultural, best practices of counseling.
- **L.O. 1.3** Applies theory skillfully, multiculturally and appropriately.

Goal 2: Humanistic Foundation

Students will ground their counseling practice in a humanistic foundation.

- **L.O. 2.1** Demonstrates high levels of respect and value for individual differences.
- **L.O. 2.2** Demonstrates a full understanding of the perspectives of those they serve; communicates this understanding in an effective, empathic, constructive manner.
- **L.O. 2.3** Demonstrates global interpersonal genuineness in their professional and academic relationships.
- **L.O. 2.4** Demonstrates strong ability to hold others in positive regard while working toward productive insight and change.

Goal 3: Pluralism/Multiculturalism

Students will counsel effectively in a pluralistic society.

- **L.O. 3.1** Demonstrates a high level of awareness of interactions among language, race/ethnicity, gender, sexual orientation, religion/spirituality, socioeconomic class and ability status and their effects on the lives of those with whom they work and themselves.
- **L.O. 3.2** Demonstrates consistent multicultural counseling competence, i.e., self-awareness, knowledge and skill in working with diverse populations.
- **L.O. 3.3** Demonstrates committed ability and willingness to work toward a just and pluralistic democratic society.

Goal 4: Ethical and Legal Standards

Students will demonstrate knowledge of and skill in ethically and legally sound practice.

- **L.O. 4.1** Demonstrates a full understanding of ethical standards for the counseling profession.
- **L.O. 4.2** Demonstrates a full understanding of state and federal laws relevant to the counseling profession.
- **L.O. 4.3** Demonstrates strong ability to engage in an ethically and legally sound decision-making process under supervision.

Goal 5: Self-Awareness

Students will demonstrate an awareness of self in embedded cultural contexts that will enable them to use themselves effectively in their work.

- **L.O. 5.1** Demonstrates strong ability to identify their cognitive and emotional reactions during the course of their work.
- **L.O. 5.2** Demonstrates highly constructive and effective verbal and nonverbal interactions during the course of their work.

Goal 6: Writing

Students will develop writing competency across four dimensions: organization, style and fluency, grammar and mechanics, and academic (APA) format.

- **L.O. 6.1 Organization** Writing demonstrates logical, clear structure with unified paragraphs and skillful transitions; well written introduction and conclusion.
- **L.O. 6.2 Style & Fluency** Writing is polished and insightful with a distinctive and developed voice, point of view and clear sense of audience. Vocabulary used is exceptional.
- **L.O. 6.3 Grammar & Mechanics** Proficient use of grammar with minimal grammatical errors. Sentences are structured effectively and powerfully, with appropriate sentence style and length.
- **L.O. 6.4 Academic Format** Sources are correctly cited and incorporated skillfully to support ideas, and enhance meaning.

Support

- Program
 - 2 Handouts (available in student waiting area and provided in messages to student listserv)
 - *Digication Instructions for Counseling Students*
 - *E- portfolio Submission Instructions for Counseling Students*
- Campus Resources
 - Username and password will be provided to each student.
 - IT support through CSI –
Phone: 718-488- 3313, Email: studentcenter@liu.edu
Walk-in: LLC 301; Mon-Fri: 9am-5pm
 - Self-paced videos:
<http://liu.cwp.libguides.com/content.php?pid=324120&sid=2756130>

Submission

Application submitted for:	E-Portfolio Submission Deadline
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May Graduation	October 1
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September Graduation	March 1
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January Graduation	June 1
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RESOURCE: *E- portfolio Submission Instructions for Counseling Students*